



## **Creative Music Making TEACHERS' WORKSHOP with Cathy Milliken**

**February 18<sup>th</sup> 2018**

*Come and explore ways to teach creative music making!*

Music has a very direct effect on us. Various sounds and rhythms can calm or excite. Just as powerful as listening to music and understanding its effect on us is the effect of making and creating our own sounds and our own rhythms in dancing and telling stories.

I am honoured to offer my experience as a composer, musician and educationalist in the field of creative education to carry out a series of workshops for teachers and music teachers alike. These workshops are aimed at presenting methods of encouraging the creating of music by children. These methods include making up songs, creating music around stories, as well as exploring many exercises and games aimed at encouraging children to express themselves through music.

1. I shall be displaying the uses of storytelling and musical sounds to help young children with little or no knowledge or training in music to awaken their creative musical potential in a playful way and devise their own music to express their innermost experiences.
2. I will also give simple musical frameworks to train children with instrumental knowledge to develop ensemble playing and improvisation. Again the aim is to tap into the children's musical creativity and encourage them to express themselves through music.

*Cathy Milliken*

The workshops are addressed to **PRIMARY** and **SECONDARY MUSIC TEACHERS** and orchestral players who teach music or an instrument in class.

Sunday, February 18, 10:00 am - 1:00 pm	Group 1 <input type="checkbox"/>
Sunday, February 18, 4:00 pm - 7:00 pm	Group 2 <input type="checkbox"/>

Max participants: 25 teachers for each workshop.

The workshops will be held in English (a translator for Arabic will be present and assist if needed).

Teachers should bring their instruments if available.

Please note that number of participants is limited and will be enrolled according to the date of application.

Further information at: [education@rohmuscat.org.om](mailto:education@rohmuscat.org.om) ph: 24403333 / 3362 / 3307

### **CATHY MILLIKEN**

Cathy Milliken studied in Australia, majoring in performance (piano and oboe). A founding member of the Ensemble Modern, Germany, she has worked with musicians such as György Ligeti, Karlheinz Stockhausen, Pierre Boulez, Fred Frith and Frank Zappa and performed with the ensemble in all major contemporary music venues throughout the world.

She has composed for concert, opera, radio, film and commissioners including South Bank Centre London, Arte TV, the Berliner Staatsoper and Musica Viva of Bayerischer Rundfunk Orchestra.

International collaborative and participatory compositional projects include Umculo Festival in Cape Town, South Africa, Future Labo, in Northern Japan, the Berliner Philharmoniker, Germany, Klangspuren Festival, North Tyrol and Münchener Biennale for Music Theatre, Munich. She is twice recipient of Prix Italia, as well as Prix Marulic, the Deutscher Kritiker Preis, a current nominee for the Mario Merz Prize, and most recently the Australian ArtMusic Award for her orchestral work *Earth Plays*.

She is a versatile performer known for her sonic improvisations and compositional approach using oboe and voice performing in multidisciplinary contexts and collaborative contexts. She divides her time between Berlin as a freelance composer, performer and creative director and Brisbane where she is presently a doctoral candidate at the Griffith University.





**Creative Music Making  
TEACHERS' WORKSHOP  
with Cathy Milliken**

**February 18<sup>th</sup> 2018**

**APPLICATION FORM**

Name ..... Surname .....

Date and Place of Birth.....

Nationality.....

Phone..... E-mail.....

Instrument/s: .....

How long have you been playing your instrument for? .....

Do you have a teacher at the moment? YES  NO

Why do you wish to take part in this course? .....

.....  
.....

Sunday, February 18, 10:00 am - 1:00 pm	Group 1 <input type="checkbox"/>
Sunday, February 18, 4:00 pm - 7:00 pm	Group 2 <input type="checkbox"/>

Date .....

Signature.....

Tick here if you wish to receive information by email from the Royal Opera House Muscat about education and outreach activities.

The application form must be completed legibly and in full and sent on or by 4<sup>th</sup> February to:

[education@rohmuscat.org.om](mailto:education@rohmuscat.org.om)